

# Specification Standards for Fish Oil Health Food

Order No. Wei-shu-shi-zi-di- 0960406448 (December 24, 2007)

## Article 1

These Standards are prescribed in accordance with Paragraph 2 of Article 3 of the Health Food Control Act.

## Article 2

The fish oil products (hereinafter referred to as the Products) subject to these Standards are extracted from traditionally edible fish and made directly into food products in the forms of powder, capsules or tablets.

The Products in the preceding paragraph shall be based on mono formula only except for the use of antioxidants or excipients necessary for processing.

## Article 3

The specified ingredients of the Products shall meet the following requirements:

1. The purity of the  $\omega$ -3 fatty acids contained shall be 30-50%.
2. The daily intake of the  $\omega$ -3 fatty acids shall be at least 1.0 gram, but no more than 2.0 grams.

The  $\omega$ -3 fatty acids mentioned in the preceding paragraph shall be of the triglyceride form, and the purity shall be calculated as the sum of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA).

## Article 4

The test methods for the ingredients in the first paragraph of the preceding Article shall be those generally recognized domestically and internationally.

## Article 5

These Standards shall take effect on December 31, 2007.