

Method of Test for Heavy Metals in Mushrooms

1. Scope

This method is applicable for the determination of lead and cadmium in mushrooms.

2. Method

After microwave assisted acid digestion, heavy metals are determined by inductively coupled plasma mass spectrometry (ICP-MS).

2.1. Equipment

2.1.1. Inductively coupled plasma mass spectrometer.

2.1.2. Microwave digester: > 1000 W with temperature control and pressure feedback system.

2.1.3. Blender.

2.1.4. Acid steam cleaning system.

2.1.5. Oven: with an automatic temperature controller, capable of controlling temperature at $\pm 2^{\circ}\text{C}$.

2.2. Chemicals

Nitric acid, ultrapure grade and reagent grade;

Deionized water, resistivity $\geq 18 \text{ M}\Omega \cdot \text{cm}$ (at 25°C);

Lead and cadmium, 1000 $\mu\text{g/mL}$, reference standards, ICP grade;

Rhodium, 1000 $\mu\text{g/mL}$, internal standard, ICP grade.

2.3. Apparatus

2.3.1. Microwave digestion flask^(Note): quartz or Teflon.

2.3.2. Volumetric flask^(Note): 50 mL.

2.3.3. Storage tube: 50 mL, PP.

2.3.4. Membrane filter: 0.45 μm , PTFE.

2.3.5. Desiccator.

2.3.6. Crucible: 50 mL, ceramic, with cap.

Note: After cleaning, use an acid steam cleaning system to clean the apparatus with nitric acid (reagent grade) vapor for 2 hr, or soak the apparatus in nitric acid (reagent grade) : water (1:1, v/v) overnight. Take the apparatus out, wash away the residual nitric acid with deionized water and dry.

2.4. 5% (w/w) nitric acid

Add 50 mL of nitric acid (ultrapure grade) slowly into 500 mL of

deionized water, and dilute to 1000 mL with deionized water.

2.5. Internal standard solution preparation

Accurately transfer 0.5 mL of rhodium internal standard to a 50-mL volumetric flask, make up to volume with 5% (w/w) nitric acid, and transfer to a storage tube as the internal standard stock solution. When to use, dilute appropriate amount of the internal standard stock solution with 5% (w/w) nitric acid to 1000 ng/mL as the internal standard solution.

2.6. Standard solution preparation

Accurately transfer 0.5 mL of lead and cadmium reference standards to each 50-mL volumetric flask, make up to volume with 5% (w/w) nitric acid, and transfer to storage tubes as the standard stock solutions. When to use, mix appropriate amount of the standard stock solutions and the internal standard solution, dilute with 5% (w/w) nitric acid to 0-25 ng/mL (containing 10 ng/mL internal standard), and transfer to storage tubes as the standard solutions.

2.7. Standard curve preparation

Inject the standard solutions into the ICP-MS at the appropriate rate, and operate according to the following conditions. Establish the standard curves of lead and cadmium by the ratios of the signal intensity of lead or cadmium to that of rhodium vs. the added concentrations.

ICP-MS operating conditions^(Note):

Radiofrequency power: 1500 W.

Plasma argon flow rate: 15 L/min.

Auxiliary argon flow rate: 0.9 L/min.

Nebulizer argon flow rate: 1.0 L/min.

Atomic mass (m/z): lead, 208, 206, 207;

cadmium, 114, 112, 111;

rhodium, 103.

Note: All the parameters can be adjusted depending on the instruments used if the above conditions are not applicable.

2.8. Sample solution preparation

Transfer about 2 g of the homogenized fresh mushroom sample or 0.5 g of the homogenized dried mushroom sample accurately

weighed into a microwave digestion flask, add 0.5 mL of the internal standard solution and 6 mL of nitric acid (ultrapure grade), and then digest according to the following conditions. After cooling to room temperature, transfer to a 50-mL volumetric flask. Wash and rinse the residue in the digestion flask with 5 mL of deionized water several times. Add the washings to the same volumetric flask, and make up to volume with deionized water. Transfer to a storage tube, filter with a membrane filter, and take the filtrate as the sample solution. Take an empty microwave digestion flask, add 0.5 mL of the internal standard solution and 6 mL of nitric acid (ultrapure grade), and perform the same procedure described above as the blank solution.

Microwave digester operating conditions^(Note):

Step \ Condition	Power (W)	Heating time (min)	Durarion time (min)	Temperature (°C)
1	1000	5	0	100
2	1000	15	5	220
3	1800	10	10	240

Note: All the parameters can be adjusted depending on the instruments used if the above conditions are not applicable.

2.9. Moisture content determination

Transfer about 5 g of the homogenized sample accurately weighed into a crucible predried to constant weight (m_0), and weigh accurately (m_1). Place the crucible in an oven, and dry at 105°C for 16 hr. Remove the crucible from the oven, place in a desiccator to cool to room temperature (about 30 min), and weigh the crucible. Replace the crucible in the oven, dry for 1 hr, and weigh following the above procedure until constant weight (m_2). Calculate the moisture content of the sample by the following formula:

$$\text{The moisture content of the sample (\%)} = \frac{(m_1 - m_2)}{(m_1 - m_0)} \times 100$$

Where,

m_0 : the weight of the crucible with cover (g)

m_1 : the weight of the crucible with cover and the sample (g)

m_2 : the weight of the crucible with cover and the sample after drying to constant weight (g)

2.10. Quantification

Inject the sample solution, the blank solution and the standard solutions into the ICP-MS separately at the appropriate rate, and operate according to the conditions in section 2.7. Calculate the amount of lead or cadmium in the sample based on the ratio of the signal intensity of lead or cadmium to that of rhodium by the following formula:

The amount of lead or cadmium in the sample (mg/kg)

$$= \frac{(C - C_0) \times V}{M \times \left(1 - \frac{W}{100}\right) \times 1000}$$

Where,

C: the concentration of lead or cadmium in the sample solution calculated by the standard curve (ng/mL)

C_0 : the concentration of lead or cadmium in the blank solution calculated by the standard curve (ng/mL)

V: the final make-up volume of the sample (mL)

M: the weight of the sample (g)

W: the moisture content of the sample (%)

Remark

1. The limits of quantification (LOQs) for lead and cadmium are all 0.1 mg/kg on the dried basis.
2. Further validation should be performed when interference compounds appear in samples.
3. When the test is conducted by other instruments, verification by the certified reference material (CRM) or standard reference material (SRM), or validation of the method should be performed.

Reference

1. Chew, G., Sim, L. P., Ng, S. Y., Ding, Y., Shin, R. Y. C. and Lee, T. K. 2016. Development of a mushroom powder certified reference material for calcium, arsenic, cadmium and lead measurements. Food Chem. 190: 293-299.
2. U.S. Food and Drug Administration. 2015. Elemental analysis manual for food and related products. 4.7. Inductively coupled

plasma - mass spectrometric determination of arsenic, cadmium, chromium, lead, mercury, and other elements in food using microwave assisted digestion.

[<https://www.fda.gov/media/87509/download>]