

# New and Sensitive Spectrofluorimetric Method for the Determination of Non-Steroidal Anti inflammatory Drugs, Etodolac and Diclofenac Sodium in Pharmaceutical Preparations through Derivatization with 7-fluoro-4-nitrobenzo-2-oxa-1,3-diazole

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## ABSTRACT

A rapid, accurate and sensitive method was developed and validated for the determination of non-steroidal anti-inflammatory drugs, etodolac and diclofenac sodium in pharmaceutical preparations. The proposed method was based on the reaction of these drugs with 7-fluoro-4-nitrobenzo-2-oxa-1,3-diazole (NBD-F) in buffer of pH 8.5 to yield a yellow, fluorescent product. The method was validated for specificity, linearity, limit of detection, limit of quantification, precision, accuracy, recovery and robustness. Beer's law is obeyed over the concentration range of 40 - 600 ng/mL for etodolac, 25 - 500 ng/mL for diclofenac sodium, respectively. The detection limits were found to be 0.071 ng/mL for etodolac, 0.055 ng/mL for diclofenac sodium, respectively. Statistical analysis of the results has been carried out revealing high accuracy and good precision. The proposed methods were successfully applied for the determination of the drugs in their pharmaceutical preparations with good recoveries. The developed methods were sensitive, accurate and simple. The results obtained by the proposed method were comparable with those obtained by the official method.

Key words: spectrofluorimetry, derivatization, validation, anti-inflammatory drug

## INTRODUCTION

Etodolac (ED), 1,8-diethyl-1,3,4,9-tetrahydropyrano-[3,4-b]indole-1-acetic acid, and diclofenac sodium (DC), 2-(2,6-dichloranilino) phenylacetic acid (Figure 1) are nonsteroidal anti-inflammatory drugs (NSAIDs)<sup>(1)</sup>.

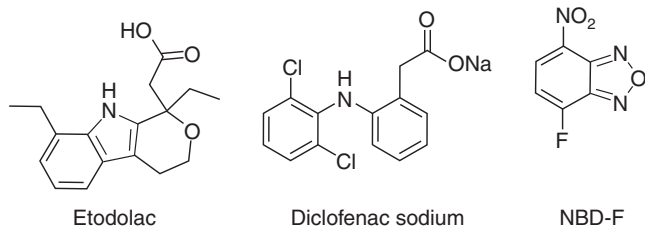


Figure 1. Chemical structures of ED, DC and NBD-F.

NSAIDs are used in humans and domestic animals due to their anti-inflammatory, analgesic and anti-pyretic effects<sup>(2)</sup>. NSAIDs are non-selective inhibitors of prostaglandin biosynthesis in humans and indicated for the acute or long-term treatment of the signs and symptoms of rheumatoid arthritis and osteoarthritis<sup>(3)</sup>.

Several methods have been described for the determination of ED in pharmaceutical preparations and plasma and urine, including high performance liquid chromatography (HPLC)<sup>(4-7)</sup>, gas chromatography (GC)<sup>(8-10)</sup>, spectrofluorimetry<sup>(11)</sup> and spectrophotometry<sup>(12,13)</sup>.

Regarding DC, many reports have been described for its determination, in pharmaceutical preparations and plasma and urine. The reports include UV-Visible spectroscopy<sup>(14-19)</sup>, chemometry<sup>(20)</sup>, spectrofluorimetry<sup>(21-23)</sup>, liquid chromatography<sup>(24-32)</sup>, titrimetry<sup>(33)</sup> and potentiometry<sup>(34-36)</sup>.

In this study, a sensitive spectrofluorimetric method with high reproducibility has been developed for the

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assay of ED and DC in pharmaceutical preparations by means of the derivative formed with NBD-F, which is a specific reagent in the analysis of primary and secondary aliphatic amines. In literature research, ED and DC, for the first time have been derivatized by a reagent and have been determined by spectrofluorimetry.

## MATERIALS AND METHODS

### I. Materials

Standard compounds of ED and DC were supplied from Sigma (St. Louis, MO, USA). Etol (400 mg) and Voltaren (25 mg) were obtained from local pharmacy. NBD-F was purchased from Fluka (Buchs, Switzerland). Other chemicals were purchased from Merck (Darmstadt, Germany). All solvents were of analytical grade. An aquaMAX<sup>TM</sup> water system (Young Instrument, Korea) produced ultra pure analytical grade water.

### II. Apparatus

Fluorescence measurements were performed with a Shimadzu spectrofluorimeter Model RF-1501 (Kyoto, Japan) equipped with a Xenon lamp.

### III. Preparation of Stock and Standard Solutions

The stock solutions (ED and DC) were dissolved in methanol (1.0 mg/mL). The working standard solutions were prepared from stock solutions by dilution (50 µg/mL).

A borate buffer (0.1 M) was prepared by dissolving 0.620 g of boric acid and 0.750 g of potassium chloride in 100 mL of water. The pH was adjusted to 8.5 with 0.1 M sodium hydroxide solution and the volume was made up to 200 mL with water.

The NBD-F solution was freshly prepared at 0.2 mg/mL in methanol. Solutions were stored at 4°C.

### IV. General Procedure

An appropriate volume of 50 µg/mL working solution (8.0 - 120 µL of ED; 5.0 - 100 µL of DC) was transferred into 12-mL stoppered tubes. To each flask 100 µL of borate buffer (pH 8.5) followed by 100 µL of NBD-F solution were added and mixed well. The solutions were heated in a thermo stated water bath at 70°C for 15 min (30 min for DC), then left to cool and acidified with 100 µL of 0.1 N HCl. The derivatives were extracted three times with 3.0 mL of chloroform. The combined organic phases were adjusted to 10 mL with the chloroform. The fluorescence intensity was measured spectrofluorimetrically at  $\lambda_{\text{ex}}$  461 nm and  $\lambda_{\text{em}}$  521 nm against blank prepared similarly. The DC-NBD derivative was determined at  $\lambda_{\text{ex}}$  464 nm and  $\lambda_{\text{em}}$  521 nm.

### V. Procedure for the Assay of the Tablets

#### (I) Etol (400 mg) Tablets

Twenty tablets were weighed, finely powdered, and then a quantity of the powder equivalent to 100 mg of ED was transferred into a 100-mL volumetric flask, dissolved in 50 mL methanol, sonicated for 30 min, completed to volume with the methanol, shaken well for 5 min, and filtered into a 100-mL calibrated flask and then diluted to volume with methanol. Five milliliters of the filtrates were then adjusted to 100-mL with methanol in calibrated flask, and procedure followed as mentioned under general procedure.

#### (II) Voltaren (25 mg) Tablets

Twenty tablets were weighed and powdered, and then a quantity of the powder equivalent to 100 mg of DC was transferred to a 100-mL volumetric flask containing 50 mL of methanol. The flask was shaken for 30 min, diluted to 100 mL with the same solvent, and then filtered. Five milliliters volumes of the filtrates were then adjusted to 100 mL with methanol in calibrated flask, and procedure followed as mentioned under general procedure.

### VI. Method Validation

The methods were validated according to International Conference on Harmonization guidelines for validation of analytical procedures<sup>(37)</sup>.

#### (I) Specificity

The specificity of the method was investigated by observing any interference encountered from these tablet excipients, which did not interfere with the proposed methods.

#### (II) Linearity

The linearity was evaluated by linear regression analysis, which was calculated by the least square regression method. The calibration curves were constructed by plotting concentration *versus* intensities, using linear regression analysis. The calibration curves ( $F = aC + b$ ) were constructed by the plots of the fluorescence intensity ( $F$ ) of the drugs *versus* the concentrations ( $C$ ) of the calibration standards.

#### (III) Limit of Detection (LOD) and Quantification (LOQ)

The limit of detection (LOD) and limit of quantification (LOQ) of drugs by the proposed methods were determined using calibration standards. LOD and LOQ were calculated as  $3.3 \sigma/S$  and  $10 \sigma/S$ , respectively, where  $S$  is

the slope of the calibration curve and  $\sigma$  is the standard deviation of intercept of regression equation.

#### (IV) Precision and Accuracy

The precision and accuracy of the assay were determined by repeatability (intra-day) and intermediate precision (inter-day). Repeatability was evaluated by assaying samples, at same concentration and during the same day. The intermediate precision was studied by comparing the assays on different days. Five sample solutions were prepared and assayed.

#### (V) Recovery

The % recovery of the added pure drug was calculated as, % recovery =  $[(C_t - C_s)/C_a] \times 100$ , where  $C_t$  is the total drug concentration measured after standard addition;  $C_s$ , drug concentration in the formulation sample;  $C_a$ , drug concentration added to the formulation.

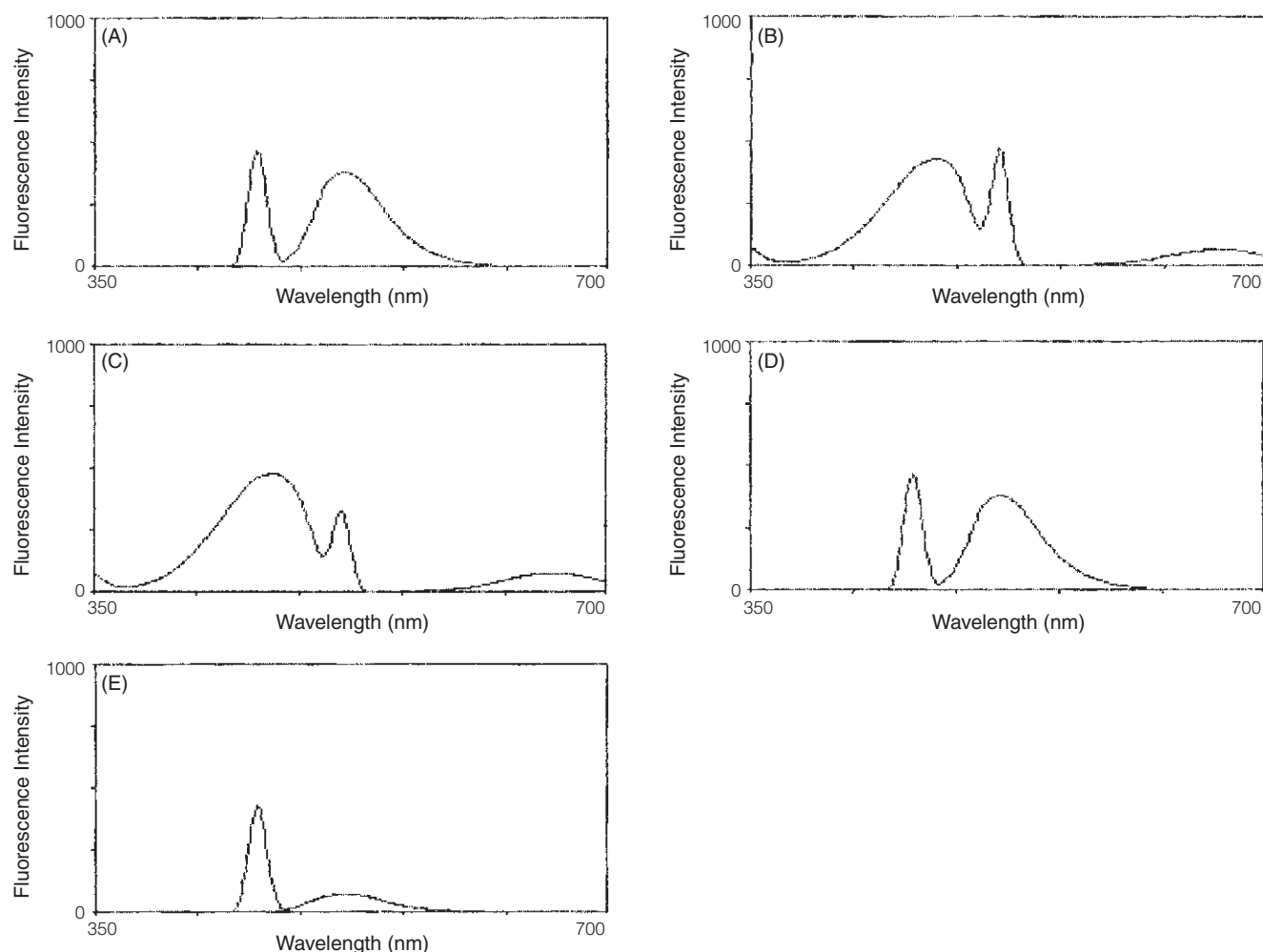
#### (VI) Robustness

The robustness of the method was evaluated during the development by deliberate changes to the method parameters. The factors chosen for this study were the pH, temperature and volume of NBD-F.

## RESULTS AND DISCUSSION

### I. Fluorescence Spectra

In the present study, NBD-F forms highly fluorescent derivatives with secondary amines, therefore, it was chosen as a derivatizing reagent for ED and DC. Owing to the presence of labile fluoride in the chemical structure of NBD-F, a daily fresh solution was prepared and tested in the present study. It was found that ED and DC react with NBD-F and forms yellow-colored fluorescent derivatives.



**Figure 2.** (A) Emission spectrum of the ED (400 ng/mL). (B) Excitation spectrum of the ED (400 ng/mL). (C) Excitation spectrum of the DC (400 ng/mL). (D) Emission spectrum of the DC (400 ng/mL). (E) Emission spectrum of the blank.

This derivative exhibited maximum fluorescence intensity ( $\lambda_{em}$ ) at 521 nm after its excitation at wavelength ( $\lambda_{ex}$ ) of 461 nm (464 nm for DC). The excitation and emission spectra for the reaction product of the drug with NBD-F are given in Figure 2A - E.

## II. Optimization of the Reaction Conditions

The different experimental parameters affecting the development of the reaction product and its stability were carefully studied and optimized. Such factors were changed individually while others were kept constant. These factors include: pH, type of buffer, temperature, time and concentration of reagents.

### (I) Effect of pH

The influence of pH on the fluorescence intensity of the reaction product was investigated using 0.1 M borate buffer over the pH range of 8.0 - 10.0 (Figure 3). Maximum fluorescence intensity was obtained at pH 8.5, after which the fluorescence intensity of the reaction product gradually decreased. Therefore, pH 8.5 was chosen as the optimum pH for such study. Other buffers having the same pH value such as phosphate buffer was tried and compared with 0.1 M borate buffer. The borate buffer was found to be superior to the phosphate buffer at the same pH value since it gave the highest fluorescence intensity value.

### (II) Effect of Temperature and Time

The effect of temperature on the color intensity was studied in the range from 50 to 80°C for different periods of time. The color intensity increased on increasing the applied temperature up to 70°C. The effect of the reaction time on the reaction course was studied by measuring the corresponding fluorescence intensity at constant temperature for different periods of time. It was found that the optimum reaction time is 15 min (30 min for DC).

### (III) Effect of Concentration of NBD-F

Studying the effect of different NBD-F reagent concentrations on the produced fluorescence intensity revealed that highest fluorescence intensity was over the concentration of NBD-F reagent in the final solution between 0.01 and 0.04% (w/v). Therefore, the concentration of 0.02% (w/v) was selected for further experiments.

### (IV) Effect of Diluting Solvent

Different solvents (methanol, acetonitrile, dichloromethane, chloroform and ethyl acetate) were tried to dilute the reaction mixture throughout the study. It was observed that chloroform gave the highest fluorescence intensity. The increase of fluorescence intensity due to

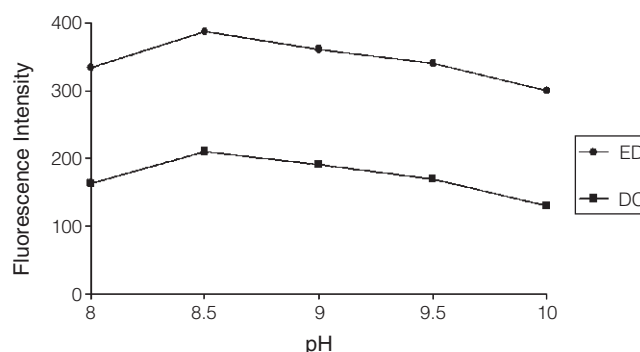


Figure 3. Effect of pH on fluorescence intensity.

the use of chloroform may be attributed to lowering the fluorescence of the blank reagent.

### (V) Effect of the Hydrochloric Acid

The fluorescence of the hydrolysis product of NBD-F, namely, 4-hydroxy-7-nitrobenzo-2-oxa-1,3-diazole (NBD-OH), is quenched by decreasing the pH of the reaction medium to less than one. It is known that the maximum association between NBD-F and aimed compound is realized at the basic medium. But, NBD-F is also hydrolyzed in alkaline solution. Thus, the system stabilized by acidifying the reaction mixture to pH 2 (by adding 100  $\mu$ L 1N HCl) before measurement<sup>(38)</sup>.

### (VI) Stability of the Fluorophore

The NBD derivative was stable in chloroform for at stable at room temperature in the dark for 6 h, in daylight for 4 h and 8 days at 4°C in the dark.

## III. Method Validation

### (I) Specificity

The specificity of the method was investigated by observing any interference encountered from common excipients of the pharmaceutical formulation such as lactose, microcrystalline cellulose, povidone, magnesium stearate, starch-maize, iron oxide yellow and titanium dioxide. It was found that these compounds did not interfere with the results of the proposed methods.

### (II) Linearity

By using the above procedure, a linear regression equation was obtained. The regression plots showed that there was a linear dependence of the fluorescence signal on the concentration of the drugs over the range cited in Table 1. The linear regression analysis of the data gave the following equation:

$$F = 0.5318C + 163.74 \quad (r = 0.9996) \text{ for ED}$$

$F = 0.6461C + 177.72$  ( $r = 0.9998$ ) for DC

where  $F$  is the fluorescence signal,  $C$  is the concentration of the drug in ng/mL and  $r$  is the correlation coefficient. As can be seen from the data, the method is much more sensitive than most of the reported methods<sup>(11-23,32,34-36)</sup>.

### (III) LOD and LOQ

LOD were 0.071 ng/mL for ED, 0.055 ng/mL for DC. LOQ of ED and DC were 0.213 and 0.165 ng/mL, respectively. These results are given in Table 1, which is as good as that reported in other papers<sup>(11-23, 32,34-36)</sup>.

### (IV) Precision and Accuracy

Repeatability was determined by using different

**Table 1.** Performance data of the proposed procedure ( $n = 5$ )

Parameter	ED-NBD	DC-NBD
$\lambda_{\text{ex}}$	461	464
$\lambda_{\text{em}}$	521	521
Linear range (ng/mL)	40 - 600	25 - 500
Correlation coefficient ( $r$ )	0.9996	0.9998
Slope	0.5318	0.6461
Intercept	163.74	177.72
Standard deviation of the intercept	$1.15 \times 10^{-2}$	$1.08 \times 10^{-2}$
LOD (ng/mL)	0.071	0.055
LOQ (ng/mL)	0.213	0.165

drug concentrations prepared from independent stock solution and analyzed ( $n = 5$ ). Inter-day and intra-day variations were taken to determine precision of the proposed methods. Different levels of drug concentrations in triplicates were prepared thrice in a day and studied for intra-day variation. The same method was followed for three different days to study inter-day variation. The calculated relative standard deviation values were found to be very small below 2% indicating good repeatability and reliability of the proposed methods. The results and their statistical analysis were summarized in Table 2.

### (V) Recovery

The recovery study was performed by adding known amounts of the compounds studied to a known concentration of the commercial pharmaceutical tablets (standard addition method, Table 3). These values are better than those obtained by other methods<sup>(16,25)</sup>.

### (VI) Robustness

The robustness of the method adopted is demonstrated by the constancy of the fluorescence intensity with the deliberated minor change in the experimental parameters such as the change in the volume of NBD-F ( $0.02\% \pm 5.0 \mu\text{L}$ ) and the change in the heating temperature ( $70 \pm 1^\circ\text{C}$ ) and pH  $8.5 \pm 0.1$ . These minor changes that may take place during the experimental operation did not affect the fluorescence intensity of the reaction product (Table 4).

### (VII) Stoichiometry of the Reaction

The Job's method<sup>(39)</sup> of continuous variation was employed. Master equimolar ( $1.74 \times 10^{-4} \text{ M}$  for ED and

**Table 2.** Intra-day and inter-day precision and accuracy of ED and DC-NBD derivatives ( $n = 5$ )

Intra-day				Inter-day			
Added (ng/mL)	Mean $\pm$ SD Found (ng/mL)	RSD (%)	RME (%)	Added (ng/mL)	Mean $\pm$ SD Found (ng/mL)	RSD (%)	RME (%)
ED-NBD							
40	$39.3 \pm 0.6$	1.5	-1.8	40	$39.5 \pm 0.5$	1.2	-1.3
100	$101.2 \pm 0.5$	0.5	1.2	100	$101.7 \pm 0.4$	0.4	1.7
600	$599.2 \pm 0.6$	0.1	-0.1	600	$601.3 \pm 1.1$	0.2	0.2
DC-NBD							
25	$25.1 \pm 0.1$	0.4	0.4	25	$24.8 \pm 0.2$	0.8	-0.7
250	$251.2 \pm 1.2$	0.5	0.5	250	$249.2 \pm 0.8$	0.3	-0.3
500	$498.8 \pm 1.0$	0.2	-0.2	500	$501.5 \pm 0.9$	0.2	-0.3

**Table 3.** Recovery studies of ED and DC (n = 5)

Concentration of drug in formulations (ng/mL)	Concentration of pure drug added (ng/mL)	Recovery $\pm$ RSD (%)
ED		
50	550	101.3 $\pm$ 0.2
50	250	101.1 $\pm$ 0.3
50	150	99.1 $\pm$ 0.5
DC		
50	450	99.5 $\pm$ 0.2
50	250	99.2 $\pm$ 0.3
50	150	98.7 $\pm$ 0.7

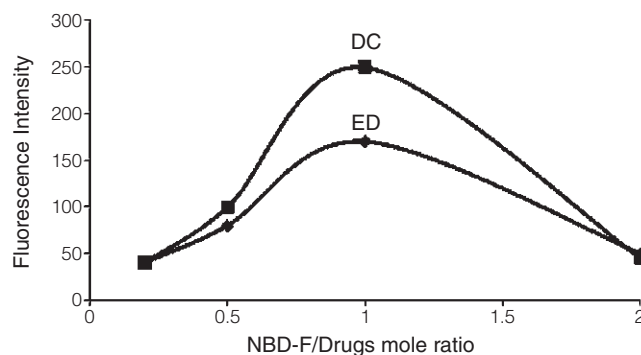
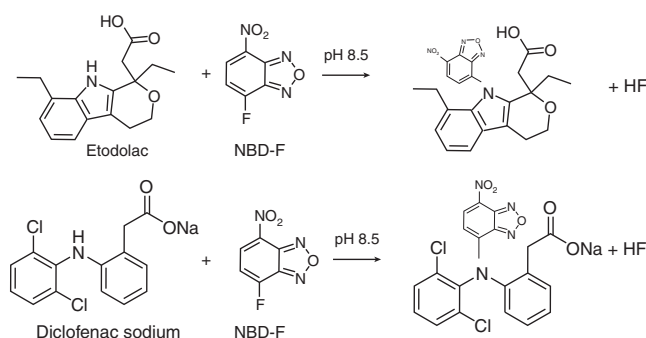
**Table 4.** Robustness of the proposed method

Conditions	Mean $\pm$ SD	
	ED-NBD (100 ng/mL)	DC-NBD (250 ng/mL)
<b>Reagent volume</b>		
95 $\mu$ L	101.3 $\pm$ 0.6	250.2 $\pm$ 0.8
105 $\mu$ L	101.6 $\pm$ 0.8	250.2 $\pm$ 1.2
<b>pH</b>		
8.4	101.2 $\pm$ 0.6	250.1 $\pm$ 0.6
8.6	101.2 $\pm$ 0.6	250.1 $\pm$ 0.7
<b>Reaction temp.</b>		
69°C	101.2 $\pm$ 0.6	250.1 $\pm$ 0.6
71°C	101.2 $\pm$ 0.6	250.1 $\pm$ 0.6

$1.27 \times 10^{-4}$  M for DC) solutions of drugs and NBD-F were prepared. Series of 10 mL portions of the master solutions of drugs and NBD-F were made up comprising different complementary proportions in 12-mL screw-capped test tubes containing 100  $\mu$ L of buffer solution (pH 8.5). The solution was further manipulated as described under the general procedures. It is clear that only one amino group of ED and DC molecules are involved in the reaction with NBD-F and hence the molar ratio is 1:1 (Figures 4 and 5).

#### (IV) Application

The proposed method has been successfully applied to the determination of the studied drugs in commercial

**Figure 4.** Mole ratio of DC and ED to NBD-F.**Figure 5.** The reaction between drugs and NBD-F.**Table 5.** Determination of ED and DC in its pharmaceutical formulations (tablets) by the proposed spectrofluorimetric and the official methods

	% Mean $\pm$ SD			
	Proposed method	Official method <sup>(40,41)</sup>	<i>t</i>	<i>F</i>
Etol (400 mg)	101.2 $\pm$ 0.6	101.5 $\pm$ 1.0	0.9	2.7
Voltaren (25 mg)	99.4 $\pm$ 0.4	99.8 $\pm$ 0.6	1.9	2.2

\*n = 6, *p* = 0.05, *t* = 2.23, *F* = 5.05

tablets. The results obtained are shown in Table 5. According to the *t*- and *F*-tests, no significant difference were found between the calculated and theoretical values of both the proposed and the official methods<sup>(40,41)</sup> at 95% confidence level. This indicates good level of precision and accuracy.

## CONCLUSIONS

The proposed method is accurate, time saving, simple, sensitive and reproducible. The proposed method is sensitive enough to determine small amounts of these drugs, therefore can be used for quality control and routine determination of drugs in pharmaceutical tablets



where precision, time and cost effectiveness of analytical methods are important.

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