

***In Vitro* Activation of Peroxisome Proliferator Activated Receptor α by Some Extracts from Food Materials**

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ABSTRACT

Peroxisome proliferator activated receptor α (PPAR α) is a ligand-dependent transcription factor that regulates the expression of genes involved in lipid metabolism and transport. Activators of PPAR α may be potential hypolipidemic agents, like the fibrate-type drugs. This study was therefore aimed at identifying potential hypolipidemic functional foods by screening activators of PPAR α from food materials. CHO-K1 cells were stably transfected with vectors (pBKCMV) carrying cDNAs of a (UAS)₄-tk-alkaline phosphatase reporter and a chimeric receptor Gal4-PPAR α LBD successively. Clones of cells responsive to Wy-14643, a known PPAR α activator were selected, characterized and used for testing the PPAR α activating potency of fractions extracted from food materials. Food materials were extracted with ethyl acetate and the extract (EAE) was cold-saponified and tested for the PPAR α activating ability using the selected stable transfected clone of cells. 10 μ M Wy-14643 (WY) was used as the positive control. Among food materials tested, EAE of bitter melon showed the highest activity that exceeded Wy-14643, although the activity significantly decreased after saponification. The non-saponifiable fraction of onion EAE had a high maximal fold of activation equivalent to Wy-14643, while that of peanut, lychee, ricinus seed and longan showed moderate activity. The saponifiable fraction of ricinus seed, sesame and peanut also showed moderate activity. Further investigation is needed to explore the health benefit of the PPAR α activating food extracts found in this study.

Key words: PPAR α , stable transfection, bitter melon

INTRODUCTION

Peroxisome proliferator-activated receptors (PPARs) are lipid-activated transcription factors that control energy homeostasis through genomic action⁽¹⁾. As other members of nuclear steroid hormone receptor superfamily, PPARs have common modulatory structures including a DNA-binding domain and a ligand-binding domain^(2,3). Upon activation by ligand binding, PPAR heterodimerizes with retinoid X receptor (RXR) and promotes the transcription of its target genes through binding to a peroxisome proliferator responsive element (PPRE)^(1,2). Three subtypes of PPAR exist, namely PPAR α (NR1C1), PPAR β/δ (NR1C2) and PPAR γ (NR1C3), which display tissue-selective expression pattern and distinct biological functions. PPAR α is predominantly expressed in liver, heart, kidney and skeletal muscle where it controls the fatty acid catabolism. PPAR α regulates the expression of genes encoding proteins that are involved in lipid

metabolism, fatty acid oxidation, and glucose homeostasis, thereby improving markers for atherosclerosis and insulin resistance. In addition, PPAR α exerts anti-inflammatory effects both in the vascular wall and the liver⁽⁴⁾. PPAR γ is highly expressed in brown and white adipose tissue where it triggers cellular differentiation, promotes lipid storage and modulates the action of insulin. PPAR β/δ is ubiquitously expressed and controls brain lipid metabolism and fatty acid-induced adipogenesis and preadipocyte proliferation^(1,2). Recent reports further demonstrated a role of PPAR in regulating glucose homeostasis, cellular differentiation and apoptosis, cancer development as well as in the control of the inflammatory response^(4,5,6).

Being the ligand / activator of PPAR α , the fibrate-type hypolipidemic drugs can induce the expression of genes that participate in lipid catabolism such as fatty acid uptake and binding, fatty acid oxidation in microsomes, peroxisomes and mitochondria and lipoprotein assembly and transport⁽³⁾. These are PPAR α target genes since PPRE has been identified in the promoter region

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of these genes. Using the PPAR α deficient mice model, the hypolipidemic action of fibrates has been found to be mediated by this receptor⁽⁷⁾. The results indicated that PPAR α ligand / activator may lower liver and/or blood lipids by up-regulating PPAR α target genes which in turns, enhance the oxidation of fatty acids⁽³⁾. Likewise, thiazolidinediones are PPAR γ ligands and the antidiabetic effects exerted by this type of drugs is believed to be mediated by PPAR γ ^(8,9). Substantial attempts have been made currently to develop new therapeutic agents for hyperlipidemia, insulin resistance, atherosclerosis, etc. by screening agonist / antagonist of PPARs^(1,3).

In addition to common fatty acids, some compounds of diet/food origins, such as conjugated linoleic acids,⁽¹⁰⁾ have been found to be PPAR activators. The hypolipidemic effect of fish oil⁽¹¹⁾ has been attributed, at least in part, to the activation of PPAR α . We have shown that hydrolyzed oxidized frying oil can activate PPAR α and up-regulate some PPAR α target genes in rats⁽¹²⁾. It is thus desirable to identify more PPAR α or PPAR γ activators from food materials from which hypolipidemic or antidiabetic functional foods may potentially be developed.

The purpose of this study is to screen PPAR α activators from food materials using a clone of CHO-K1 cells stably transfected with vectors (pBKCMV) carrying cDNAs of a (UAS)₄-tk-alkaline phosphatase (ALP) reporter and a chimeric receptor Gal4-PPAR α ligand binding domain^(12,13,14). As PPAR activators tend to be hydrophobic, tested food materials were extracted with ethyl acetate and the PPAR α activating ability was compared to Wy-14643, a reference PPAR α ligand.

MATERIALS AND METHODS

I. Expression and Reporter Plasmids

The construct of chimeric receptor was pBK-CMV-Gal4-rPPAR α -ligand binding domain; the reporter gene was pBK-CMV-(UAS)₄-tk-ALP; antibiotic genes were pSV₂-Neomycin and pKSV-Hygromycin. These were gifts from Dr. Gustaffson, Department of Medical Nutrition, Karolinska Institute. The correct in-frame fusions were confirmed by sequencing.

II. Food Materials for Testing

Tested food materials were chosen from vegetables, fruits, nuts, traditional Chinese herb and microbial products. Fresh vegetables including bitter melon (*Momordica charantia* L.), onion, celery, sweet potato leaves and rice seedlings and fruits including lychee (litchi, leechie or lichi, *litchi sinensis* Sonn) and longan (*Nephelium longana* Camb or *Euphoria longana* Lam) were purchased from local markets. Freshly roasted peanut and sesame were from a manufacturer (Ma Yu San food processing, Kaohsiung, Taiwan). Dried traditional Chinese herb

including ricinus seed, lotus seed plumule (*Nelumbo nucifera* Gaertn) and hawthorn (*Crataegi Fructus*) were purchased from a local Chinese traditional medicine store. Two microbial products, *Monascus anka* (dried powder of Chinese red yeast rice) and *Ganoderma tsugae* were from Shuang Hor Enterprise Company, Tainan, Taiwan. Dried fruiting body of *G. tsugae* from a cultivation farm and provided by Dr. Hseu.

III. Cell Culture and Stable Transfection

The procedures for the establishment of cell lines stably transfected with Gal4-rPPAR α LBD chimeric receptor and (UAS)₄-tk-ALP reporter has been described previously^(12,13). Briefly, CHO-K1 cells (American Type Culture Collection, Rockville, MD) were grown at 37°C in the presence of 5% CO₂ in Ham's F-12 medium supplemented with 10% fetal bovine serum (FBS; Gibco BRL, Rockville, MD). Using lipofectamineTM 2000 (Gibco BRL) according to the manufacturer's instructions, cells were first transfected with the reporter construct and pSV₂-Neo. Transfected cells were selected in the presence of 0.8 mg/mL medium of G418 (neomycin). The colonies grown were pooled to form a reporter clone mix and further transfected with the chimeric receptor construct pBK-CMV-Gal4-rPPAR α and pKSV-Hygro, and then selected with 0.8 mg/mL medium of hygromycin. About 150 clones were picked, expanded and tested for their responsiveness to 10 μ M Wy-14643 (Cayman Chemicals, Ann Arbor, MI), a known activator of rPPAR α . Among the 10 responsive clones, clone 77 showed the maximal fold induction of the reporter gene activity, and was used for the following experiments. The expression of rPPAR α -LBD in cells of the clone 77 was confirmed by reverse transcription-polymerase chain reaction.

IV. Activation Experiments and ALP Reporter Gene Assay

The procedure has been described previously^(12,14). Briefly, stably transfected cells were seeded in 96-well plates and incubated with medium containing Wy-14643 or tested food extracts for 48 h. Basal levels of expression of reporter activity were obtained with medium containing vehicles [dimethyl sulfoxide (DMSO) or ethanol] at a concentration equivalent to those used in the highest concentrations of activators. Culture supernatants were collected and assayed for ALP activity using CDP-Star[®] (Tropix, Applied Biosystems, Foster City, CA) as a substrate. Chemiluminescence was measured in a luminometer (Wallac 1420 Victor² multiple label counter; Perkin Elmer, Turku, Finland). The toxicity of the treatment on cells was checked by the 3-(4,5-dimethylthiazol-2-yl) -2,5-diphenyltetrazolium bromide (MTT) (Sigma, St. Louis, MO) assay. Data are expressed as means of triplicates from one experiment and are representative of at least three experiments. Fold of activation was calculated by taking the ALP activity of the vehicle as 1.

V. Extraction of Food Materials with Organic Solvent

The extraction of tested fresh vegetables, fruits, roast peanut and lotus seed plumule were as described^(15,16). Briefly, samples were cut into small pieces and homogenized in a Waring blender with minimal amount of double-distilled water, and homogenates were filtered through several layers of gauze. The residues were collected and freeze-dried. The dried residues were grounded and extracted with ethyl acetate (1:30, w/v) by stirring overnight at room temperature, followed by filtration. Dried ricinus seed, hawthorn and *Monascus anka* were ground and directly extracted with ethyl acetate (1:30, w/v) in the same manner. *Ganoderma tusgae* was ground and extracted with 95% ethanol (1:30, w/v). Sesame was ground and extracted with (1:30, w/v) a mixture of ethyl acetate and methanol (1:1, v/v) in the same manner. Filtrates were evaporated in a rotary evaporator (Buchi, Germany) to eliminate the solvent. The ethyl acetate extracts (EAEs) were weighed and stored at -20°C . The extraction yield (g / 100 g of the dried residue) was shown in Table 1.

VI. Hydrolysis of Food Extracts by Cold Saponification

The EAEs were further hydrolyzed by cold saponification. After an overnight stirring with 10 volume of 3.6 M KOH in methanol at room temperature, the saponifi-

able fractions were extracted with water, acidified with 5 N H_2SO_4 and extracted with n-hexane. The nonsaponifiable fractions were extracted with ethyl acetate. The saponifiable (S) and nonsaponifiable (NS) fractions were weighed after removing solvent in a rotary vacuum evaporator. Stock solutions were prepared by dissolving EAE, S or NS in a minimal amount of absolute ethanol and stored at -20°C . The result of the saponification process was examined by thin layer chromatography (TLC) as described below and the disappearance of the triglyceride spot was confirmed. The EAE, S and NS were resolved on a normal phase TLC (Silica gel 60 F₂₅₄, Merck, Darmstadt, Germany) developed using n-hexane/ethyl acetate/ acetic acid at 80: 20: 2 (v/v/v) as the mobile phase and visualized with iodine vapor. The developed spots were compared with standard compounds including oleic acid, linoleic acid, linolenic acid and triolein.

VII. Statistical Analysis

Data reported are expressed as the mean \pm standard deviation of triplicate wells, and are representative of at least three separate experiments with similar results. The significance of difference between each treatment was analyzed by one-way ANOVA using SASR (SAS 8.1, Cary, N.C., USA) software.

RESULTS

I. Dose Response Curve for Clone 77 with Wy-14643

To establish a cell clone (CHO-K1) stably expressing the chimeric receptor in which the PPAR α ligand-binding domain was fused to a DNA-binding domain of the yeast transcription factor GAL4 and an ALP reporter gene fused to (UAS)₄, about 150 transfected cell clones that grew in the presence of 0.8 mg/mL hygromycin were picked, expanded and tested for the responsiveness to Wy-14643. Ten clones were found to be responsive and further expanded. The expression of the ALP reporter gene of one of the responsive clone, clone 77, in response to Wy-14643 in a dose-dependent manner is shown in Figure 1. The cell lines obtained were used for testing the PPAR α activating potential of various food extracts in the following experiments. Among various batches of experiments, the fold activation of 10 μM Wy-14643 ranged from 2 to 4.

II. The PPAR α Activation Potential of Tested Food Extracts

The ethyl acetate extracts (EAE), as well as their saponifiable (S) or non-saponifiable (NS) fractions of tested food materials were examined for the PPAR α activation potential using cells of the clone 77. The results are shown in Table 1. Among the EAEs of food materials tested, bitter melon showed a high activity with the

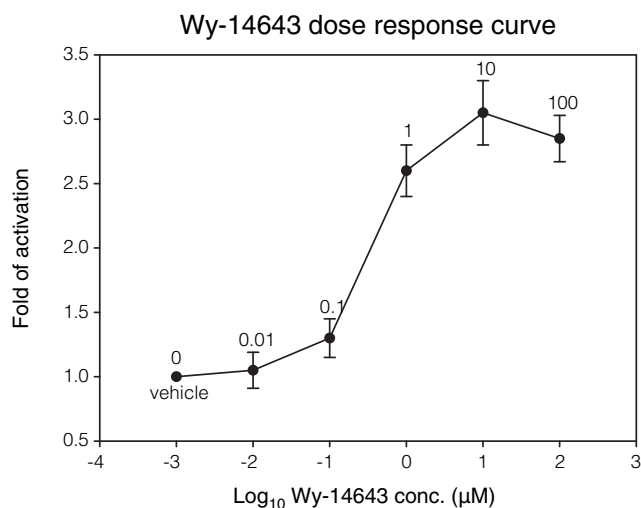


Figure 1. Dose response curve of Wy-14643 in CHO-K1 cells stably expressing the Gal4-rPPAR α receptor chimera and the (UAS)₄-alkaline phosphatase (ALP) reporter. CHO-K1 cells were successively transfected with the reporter and receptor construct. Clones showing low background and maximum fold activation of the reporter by 10 μM Wy-14643 were expanded and treated with various concentrations of Wy-14643 for 48 h. The cultural supernatant was analyzed for alkaline phosphatase reporter activity. The fold of activation was calculated by taking the ALP activity of the vehicle (ethanol) as 1. The data were mean \pm SD of triplicates from one experiment and are representative of at least three experiments.

Table 1. Activation of PPAR α by various food extracts

Extract of food materials	extraction yield	concentration at maximum fold activation	maximum fold of activation	% relative fold activation to 10 μ M Wy-14643
EAE ⁴	(g / 100 g)	(μ g / mL)		(%)
Bitter gourd	1.86	100	7.22* ¹ (2.66) ²	375* ³
Lotus seed plumule	17.25	500	1.36 (2.02)	35
Ricinus seed	49.60	30	1.53 (2.59)	33
Sesame (EME)	31.80	500	1.39 (2.50)	26
Onion	1.50	90	1.36 (2.50)	24
Longan	1.53	100	1.26 (2.29)	20
Peanut	31.40	100	1.23 (2.65)	14
Lychee	2.43	100	1.14 (2.78)	8
Others ⁵			< 1 (2.02~3.3)	
S ⁴	(g / 100 g)	(μ g / mL)		(%)
Ricinus seed	27.6	70	1.70 (2.50)	47
Sesame (EME)	18.1	200	1.80 (2.70)	47
Peanut	17.5	100	1.42 (2.35)	31
Onion	0.12	1	1.42 (2.73)	24
Lotus seed plumule	2.8	100	1.37 (2.71)	22
Bitter gourd	0.24	90	1.26 (2.72)	15
Longan	0.05	10	1.08 (2.56)	5
Lychee	0.16	1	1.01 (2.61)	< 1
Others ⁵			< 1 (2.02~3.3)	
NS ⁴	(g / 100 g)	(μ g / mL)		(%)
Onion	0.69	90	3.10* (3.30)	91
Peanut	6.09	50	1.65 (2.35)	48
Lychee	1.14	50	1.76 (2.61)	47
Ricinus seed	7.35	50	1.70 (2.65)	42
Longan	0.74	200	1.44 (2.24)	36
Bitter gourd	1.44	150	1.57 (2.72)	33
Sesame (EME)	7.18	100	1.41 (2.78)	23
Lotus seed plumule	7.29	100	1.17 (2.09)	16
Others ⁵			< 1 (2.02~3.3)	

1. The fold of activation was calculated by taking the ALP activity of the vehicle (ethanol) as 1. Data are means of triplicates from one experiment and are representative of at least three experiments. (*) $P < 0.05$, significantly different from Wy-14643.

2. Numbers in parenthesis are the fold of activation of 10 μ M Wy-14643 in the same batch of experiment.

3. (Maximum fold activation of food sample–vehicle) / (fold activation of 10 μ M Wy-14643 in the same batch of experiment–vehicle) x 100. (*) $P < 0.05$, significantly different from Wy-14643.

4. EAE : ethyl acetate extract; S : saponifiable fraction of the EAE; NS : nonsaponifiable fraction of the EAE; EME : ethyl acetate and methanol (1:1) extract.

5. Others including rice seedlings, sweet potato leaves, celery, hawthorn, *Monascus anka* and *Ganoderma tsuga* (ethanol extract).

maximum fold of activation more than three hundred percents of Wy-14643. However, the activity significantly decreased after saponification. The maximal fold of

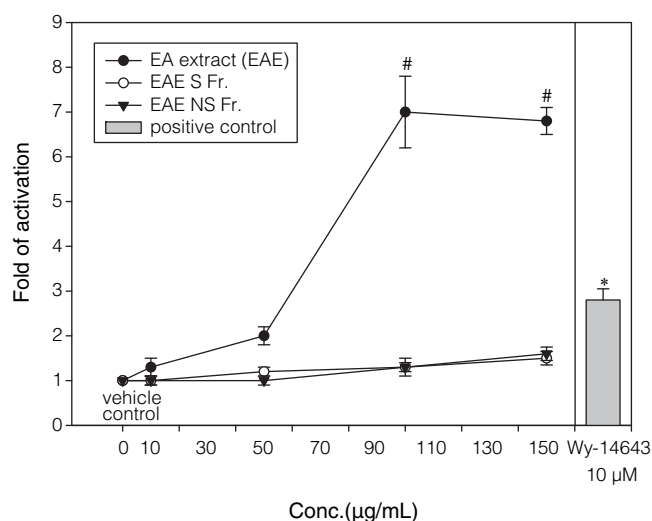


Figure 2. The transactivation of Gal4-rPPAR α by bitter gourd ethyl acetate extract (—●—), its saponifiable (—○—) and nonsaponifiable (—▼—) fractions. The data were expressed as mean \pm SD of triplicate wells in a representative experiment. Data shown are representative of at least triplicate separate experiments with similar results. Wy-14643 (10 μ M) was included in each experiment as a positive control. The EC₅₀ of the EAE was 70 μ g/mL. * P < 0.05 compared to vehicle control. # P < 0.01 compared to vehicle control.

activation of the remaining tested food EAEs were relatively low but increased after saponification except for lotus seed plumule. The non-saponifiable fraction of the onion EAE had a high maximal fold of activation equivalent to Wy-14643, while that of peanut, lychee, ricinus seed and longan had moderate activity (36-48% that of Wy-14643). The saponifiable fraction of ricinus seed and sesame also showed moderate activity (47% that of Wy-14643). On the other hand, while EAE, S or NS of lotus seed plumule showed low activity, those of celery, sweet potato leaves, rice seedlings, hawthorn, *Monascus anka* and ethanol extract of *Ganoderma tsuga* did not activate PPAR α at all.

The dose-dependent activation of bitter gourd EAE is shown in Figure 2. The EC₅₀ was 70 μ g/mL. Interestingly, the high activation potency dramatically decreased after the bitter gourd EAE was saponified (Figure 2). In contrast, the EAE of onion did not show a high fold of activation, but after hydrolysis, the NS increased the ALP activity to an extent comparable to 10 μ M of Wy-14643 in a dose-dependent manner (Figure 3). The EC₅₀ was 30 μ g/mL. The NS of ricinus seed EAE and S of sesame EME also activated PPAR α to a significant extent, with EC₅₀ values of 10 μ g/mL and 30 μ g/mL, respectively (Figure 4 and Figure 5). The fold activation of the S of ricinus seed EAE was comparable to that of ricinoleic acid, and the fold activation of the S of sesame EME were in the range of that of common fatty acids such as oleic acid and linoleic acid. All these testing were carried out in concentration

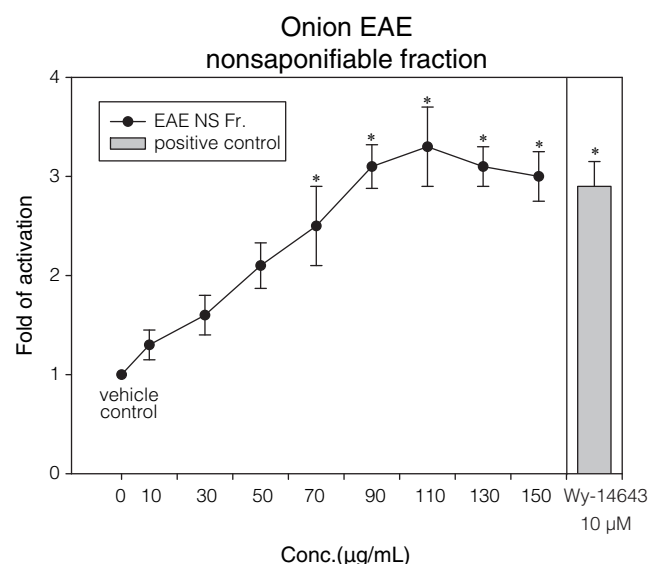


Figure 3. The transactivation of Gal4-rPPAR α by the nonsaponifiable fraction of onion ethyl acetate extract. The data were expressed as mean \pm SD of triplicate wells in a representative experiment. Data shown are representative of at least triplicate separate experiments with similar results. Wy-14643 (10 μ M) was included in each experiment as a positive control. The EC₅₀ of the nonsaponifiable fraction of the onion EAE was 30 μ g/mL. * P < 0.05 compared to vehicle control.

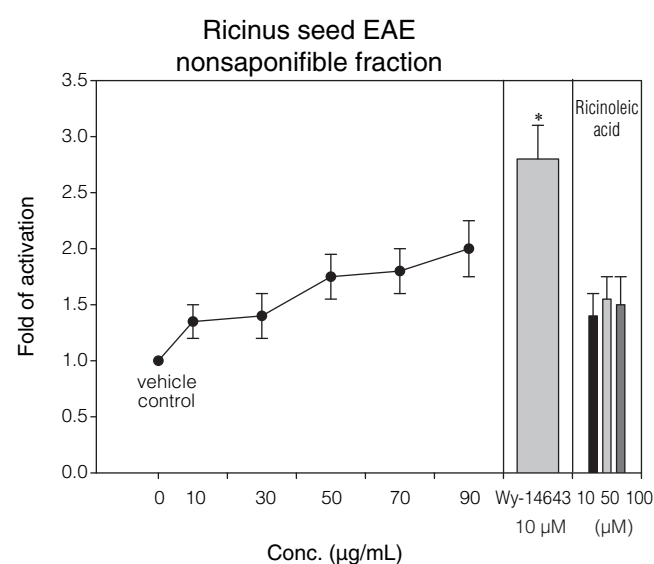


Figure 4. The transactivation of Gal4-rPPAR α by the nonsaponifiable fraction of ricinus seed ethyl acetate extract. The data were expressed as mean \pm SD of triplicate wells in a representative experiment. Data shown are representative of at least triplicate separate experiments with similar results. Wy-14643 (10 μ M) was included in each experiment as a positive control. The EC₅₀ of the nonsaponifiable fraction of the ricinus seed EAE was 10 μ g/mL. * P < 0.05 compared to vehicle control.

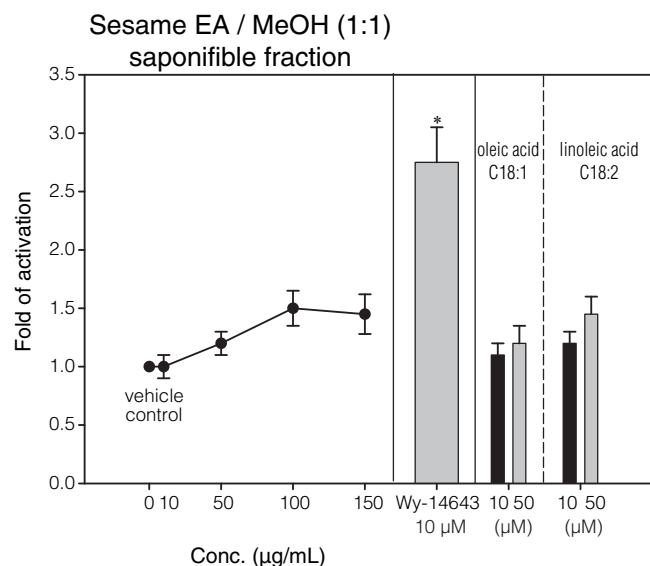


Figure 5. The transactivation of Gal4-rPPAR α by the saponifiable fraction of sesame ethyl acetate and methanol (1 : 1) extract (EME). The data were expressed as mean \pm SD of triplicate wells in a representative experiment. Data shown are representative of at least triplicate separate experiments with similar results. Wy-14643 (10 μ M) was included in each experiment as a positive control. The EC₅₀ of the saponifiable fraction of the sesame EME was 30 μ g/mL. * P < 0.05 compared to vehicle control.

ranges that did not result in significant cytotoxicity, as confirmed by the MTT assay.

DISCUSSION

Ligand binding of PPARs can induce the expression of an array of genes which in turns changes the metabolism of lipids and/or the utilization of glucose. A number of therapeutic agents, namely fibrate hypolipidemic drugs and thiazolidinedione antidiabetic drugs, are ligands of PPARs and the pharmacological effects were shown to be mediated by these nuclear receptors^(3,8,9). The transactivation assay are used to test the functional potency of a compound to activate PPAR. The assay measures the expression of a reporter gene which is driven by a promoter responsive to the specific binding of the transcription factor and in this case it is the PPAR. As PPARs are ligand dependent transcription factors, molecules bind to PPARs would activate the expression of the reporter gene. To avoid complicating the interpretation of results by endogenous receptor activation, a chimeric receptor in which the PPAR α ligand binding domain fused to yeast transcription factor GAL4 DNA binding domain and a reporter construct containing 4 copies of the GAL4 DNA binding site UAS driving expression of secreted placental ALP were used in this study. The approach is similar to that used for screening compounds in the pharmaceutical research and development⁽¹⁷⁾. Compared to the transient

transfection approach, it is more convenient to use clone of cells stably expressing the transfected receptor and reporter for compound screening. However, it usually takes longer time to obtain such a clone and very often the clone may suffer from the instability and loss of sensitivity due to passages of cells. In this study, this can be seen from the variation in the fold of activation of the positive control, Wy-14643.

Common fatty acids are low affinity ligands of PPARs⁽¹⁸⁻²⁰⁾. The fold of activation on PPARs by common fatty acids varied with the receptor and reporter constructs, cell types for transfection as well as species of PPARs originated from (mouse, rat, human or *Xenopus*)^(18,21,22). In this study, the fold of activation on PPARs by common fatty acids^(18,23) relative to that of Wy-14643 is within the range of reported data.

The ethyl acetate extract of food materials was chosen for this study since the conformation of ligand binding structure of PPAR α is apt to hydrophobic molecules. In an attempt to include the more polar lignan compounds of sesame in the tested extract, a methanol/ethyl acetate mixture was further used to extract sesame. Sesamin, a sesame lignan, dose-dependently increased the fatty acid oxidation, activities and gene expression of hepatic fatty acid oxidation enzymes and decreased serum triglyceride in rats⁽²⁴⁾. Authors speculated the effect may be mediated by the PPAR α signaling pathway. Surprisingly, sesamin and sesamol did not activate PPAR α in the present study, although the saponifiable fraction of sesame extract activated PPAR α to a level comparable to common fatty acids. As there is not a carboxylic acid functional group in the sesamin molecule, the convincing *in vivo* data obtained in the rat study may be interpreted as sesamin metabolite(s) and not sesamin *per se*, may activate PPAR α . CHO-K1 cells used in this study might not be able to metabolize sesamin into this active metabolite. If this is the case, the transfection experiment should be carried out in other cell types, such as liver cells. Alternately, sesamin may enhance the production of an endogenous PPAR α activator *in vivo*.

Bitter melon is a common oriental vegetable with a number of reported health benefits. Most noteworthy is the hypoglycemic potential demonstrated in normal and diabetic rats as well as in human subjects with type II diabetes mellitus⁽²⁵⁻²⁷⁾. A diet containing 0.5 or 1% freeze-dried bitter melon powder significantly reduced liver triglyceride and cholesterol concentration⁽²⁸⁾. In the present study, the maximum fold activation of bitter melon EAE was remarkably high which was more than three hundred percents relative to the fold of activation of Wy-14643. The significant hypolipidemic effect *in vivo* at a level of as low as 0.5% in the diet seems to coincide with the remarkably high PPAR α activation observed in this study. Interestingly, the PPAR α activation ability was diminished after the saponification of bitter melon EAE. An anti-inflammatory potential of bitter melon is implicated by the demonstration that extracts of bitter melon dose-dependently inhibited the LPS-induced PGE₂ production

in a macrophage cell line RAW264.7⁽¹⁵⁾.

Our data showed that the nonsaponifiable fraction of the onion EAE has a significant PPAR α activation ability with the maximum fold of activation comparable to that of Wy-14643. As compounds with carboxylic acid functional groups will mainly be separated into the saponifiable fraction, constituents of the nonsaponifiable fraction theoretically do not possess any carboxylic acid functional group. It is likely that compound(s) in the nonsaponifiable fraction of onion EAE may not be the ultimate PPAR α ligand. Noticeably, hypolipidemic and hypoglycemic effects exerted by onion has also been demonstrated in diabetic rats⁽²⁹⁾. It would be of interest to further test the PPAR γ activation potential and the active component(s) in bitter gourd and onion. In addition, the *in vivo* regulation of the expression of PPAR target genes by the administration of bitter gourd extract or onion also worth further investigation.

In conclusion, using a clone of CHO-K1 cells stably expressing a (UAS)₄-tk-ALP reporter and a chimeric receptor Gal4-PPAR α LBD, extract/fractions of food materials including: bitter gourd (375% of WY), onion (91% of WY), peanut (48% of WY), ricinus seed (47% of WY), sesame (47% of WY), lychee (47% of WY), longan (36% of WY) and lotus seed plumule (35% of WY) demonstrated significant activation on PPAR α , whereas extract/fractions of celery, sweet potato leaves, rice seedlings, hawthorn, *Monascus anka* and *Ganoderma tsuga* did not activate PPAR α to a significant extent.

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