




Error which has occurred	Possible causes	Remedy
	The pressure in cuff exceeds 300 mm Hg. Therefore, an automatic fall in pressure occurs.	Please rest for at least a minute and take the measurement again.
	Batteries are almost dead. Only a few more measurements are possible (approx. 30).	Keep new, identical batteries handy (type "AA" LR06).
	Batteries are dead and have to be replaced.	Insert new, identical batteries (type "AA" LR06).
Implausible measured values.	Incorrect cuff size.	Use another cuff size or a wrist device.
	Cuff placed on top of clothing.	Use another cuff size or a wrist device.
	Rolled-up clothing impedes blood circulation.	Wear loose clothing. Make sure that rolled-up sleeves do not impair circulation in the upper arm.
	Moving, talking or excitement during the measuring procedure.	Please take measurements in a relaxed position whilst seated. Do not talk or move during the measuring procedure.

Error which has occurred	Possible causes	Remedy
	Lack of relaxation before taking a measurement.	Relax for about 5 minutes before taking a measurement.
	Stimulants taken before measurement.	Please avoid alcohol/ nicotine and caffeine for one hour before taking a measurement.
Memory cannot be deleted.	Only one stored value is in memory. The memory cannot be deleted until two values have been stored.	Save a second value. Then delete the memory.
	The memory can only be deleted when the average value is displayed	Press the memory button until the average value is displayed.

Please check the possible causes, when an error symbol appears and note the instructions on self-measurement in Chapter 4. Relax for a minute and take the measurement again.

10. Important notes

10.1 Drugs

Self-measurement of blood pressure does not replace treatment! So do not interpret your measured values on your own and do not use them

for self-prescribed treatment.

Take measurements as instructed by your doctor and have confidence in your doctor's diagnosis. Take drugs as prescribed by your doctor and never alter the dose on your own. Discuss the appropriate time for