

# Specification Standards for Red Yeast Rice Health Food

Promulgated on December 24, 2007.

- Article 1     These Standards are prescribed formulated in accordance with Paragraph 2 of Article 3 of the Health Food Control Act.
- Article 2     The red yeast rice products (hereinafter referred to as the Products) subject to these Standards are *Monascus* spp. incubated with rice and dried and made directly into food products in the forms of powder, capsules or tablets.
- The Products in the preceding paragraph shall be based on mono formula only except for the use of antioxidants or excipients necessary for processing.
- The *Monascus* spp. mentioned in the first paragraph shall be cultures suitable to serve as ingredients for food products, and the identification report of the cultures shall be presented.
- Article 3     The specified ingredients of the Products shall meet the following requirements:
1. The daily intake of monacolin K shall be at least 4.8 milligrams, but no more than 15 milligrams.
  2. The concentration of citrinin contained shall be less than two parts per million (2 ppm).
- Article 4     The test methods for the ingredients in the first paragraph of the preceding Article shall be those generally recognized domestically and internationally.
- Article 5     These Standards shall take effect on December 31, 2007.