

Regulations Governing the Labeling of Packaged Vegetarian Foods

1. The regulations are prescribed in accordance with Subparagraph 10 of Paragraph 1 of Article 22 of the Act Governing Food Safety and Sanitation.
2. If a packaged food is claimed to be vegetarian, it should be labeled as “vegan (*Su* vegetarian)”, “ovo vegetarian”, “lacto vegetarian”, “ovo-lacto vegetarian” or “vegan”.
3. Definitions of related terms in the notice:
 - (1) Vegan (*Su* vegetarian, 全素) : Vegans do not consume any animal products or by-products and vegetables in the allium family (namely, onion, garlic, scallions, leeks, chives, or shallots.)
 - (2) Ovo Vegetarian: Ovo-vegetarians do not consume meat or dairy products. However, ovo-vegetarians do consume egg products.
 - (3) Lacto Vegetarian: Lacto-vegetarians do not consume meat or eggs. However, lacto-vegetarians do consume dairy products such as cheese, milk and yogurt.
 - (4) Ovo-lacto vegetarian (or lacto-ovo vegetarian): Ovo-lacto vegetarian products include animal products such as eggs, milk, and honey.
 - (5) Vegan (植物五辛素): Vegans consume only vegetal products. (Milk or eggs shall be specified.)
4. Since the implementation date, the word "vegetarian food" shall not be used anymore.